



enjoy

bitten

appetizer & dessert bistro

Bitten Lunch Menu

Appetizer Combos

Come with your choice of side: House Salad, Caesar Salad, Spinach Salad, Homestyle fries, Spicy Tomato Bisque, Chef's soup du jour or add Sweet Potato Fries for \$2 more.

Grilled Pita Bread: A grilled pita bread served with tzatziki, marinara and roasted red pepper hummus and your choice of side. \$8.95

Coconut Shrimp: Coconut and panko breaded prawns served with sweet chilli dipping sauce and your choice of side. \$9.95

Mushroom Strudels: Mushrooms, onions, garlic and herbed cream cheese rolled in layers of phyllo pastry and your choice of side. \$9.95

Bitten Pick 2 Combo Have 2 of your Favourite sides for lunch...soup & salad is most popular especially if you are in a hurry! \$6.95

Bitten Pick 3 Combo Can't decide what to have? How about 3 of your Favourite sides for lunch! \$9.95

Salads (Served with toasted garlic toast)

Meal Size House Salad - Served with a balsamic vinaigrette \$6.95

Blackened Cajun Caesar Salad – Blackened Cajun spiced chicken breast on top of the Bitten Caesar salad. \$10.95

Summer Spinach Salad- Fresh spinach leaves with mushrooms, red onions, tomatoes, strawberries, and candied pecans tossed in a creamy poppy seed dressing. \$9.95

Warm Balsamic Beef Salad- 6oz New York steak grilled to your liking then glazed with a balsamic reduction served on top of tomatoes, cucumbers, sweet onions and spinach, dressed with a balsamic vinaigrette. \$12.95

Thai Shrimp & Grilled Pineapple Salad- Marinated shrimp skewers lightly grilled along side balsamic glazed pineapple rings on top of sweet onions, red peppers, tomatoes and spring greens dressed with a soy vinaigrette. \$12.95

Sesame Tuna Salad- Ahi Tuna steak, pressed in sesame seeds and pan fried to medium-rare with wasabi aioli and served on top of watermelon, toasted pinenuts, tomatoes and fresh spring greens dressed with a honey-lime vinaigrette \$12.95

Join us for "Appy Hour!!" All your favourite Bitten Appys are ½ Price

Monday – Thursday from 4:30pm – 5:30pm

Wraps

Come with your choice of side: House Salad, Caesar Salad, Spinach Salad, Homestyle fries, Spicy Tomato Bisque, Chefs soup du jour or add Sweet Potato Fries for \$2 more

Sweet Chilli Chicken Wrap- Grilled chicken breast, sweet onion, cucumber and rice rolled with sweet chilli sauce. \$9.95

Soy Beef Wrap- 6oz Grilled steak, roasted red peppers, sweet onion, cucumbers and spring greens rolled with a spicy soy sauce. \$9.95

Cajun Chicken Caesar Wrap- Grilled Chicken breast rolled with romaine lettuce and Caesar dressing. \$9.95

Burgers (Choice of Beef, Bison or Chicken)

Come with your choice of side: House Salad, Caesar Salad, Spinach Salad, Homestyle fries, Spicy Tomato Bisque, Chefs soup du jour or add Sweet Potato Fries for \$2 more

BBQ Smoked Gouda Burger- Smoked gouda, house made BBQ sauce, lettuce, onions, and tomatoes on a whole wheat bun. \$10.95

Cajun Cheddar and Bacon Burger- Cajun spiced patty, cheddar cheese, maple bacon, lettuce, onions and tomatoes on a whole wheat bun. \$10.95

Mushroom Swiss Burger- Sautéed mushrooms, Swiss cheese, lettuce, onions and tomatoes on a whole wheat bun. \$10.95

Pulled Pork Sandwich- Slow cooked local pork tossed in our house made BBQ sauce with melted brie and sliced apples on a whole wheat bun. \$10.95

Beverages

Coffee & Tea \$1.25 Pop (Coke, Diet Coke, Sprite, GingerAle, Soda, Tonic) \$2.25 refills included

Bar Shots (Rye, Vodka, White Rum, Amber Rum, Dark Rum, Gin, Scotch) \$4.00

Paddock Wood Beer : 606 India Pale Ale, Czech Mate Lager, Black Cat Lager, Bete Noire Black Ale, London Porter \$4.25

Painted Turtle Wine (Chardonnay or Shiraz) \$4

Import/Special Beer (Mill Street Organic Lager, Mill Street Coffee Porter, Tankhouse Ale, Fuli, Negra Modelo, Grolsh, Corona, Heineken, Stella, Warsteiner, Becks & Pilsner Urquell) \$4.50

All Bitten Desserts are available at Lunch!

Prices do not include GST or LCI where applicable